

# The Family + Kids Plan Channel Guide

STATION	CHANNEL	HD/SD	LANGUAGE
ABC East (Detroit)	18 & 153	HD	English
ABC West (Seattle)	155	HD	English
ABC Spark	58 & 214	HD	English
AMI Audio	195	SD	French
AMI Télé	652	SD	French
AMI TV	900	SD	English
AMI TV West	901	SD	English
APTN	70 & 295	HD	English
APTN West	296	SD	English
CBC Calgary (CBRT)	131	HD	English
CBC Edmonton (CBXT)	128	HD	English
CBC Edmonton (CBXFT)	604	SD	French
CBC Montreal (CBMT)	125	HD	English
CBC Ottawa (CBOT)	124	HD	English
CBC Ottawa (CBOFT)	602	HD	French
CBC Toronto	6 & 127	HD	English
CBC Vancouver (CBUT-TV)	132	SD	English
CBC Vancouver (CBUFT)	606	SD	French
CBC Windsor (CBET)	126	HD	English
CBS East (Detroit)	16 & 145	HD	English
CBS West (Seattle)	147	HD	English
CHCH Hamilton	11 & 121	HD	English
CHNU INDEP	173	SD	English
Citytv Calgary (CKAL)	140	HD	English

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Citytv Edmonton (CKEM)	134	HD	English
Citytv Kamloops (CFJC)	142	HD	English
Citytv Montreal (CJNTD)	143	HD	English
Citytv Toronto	7 & 133	HD	English
Citytv Vancouver (CKVU)	135	HD	English
CP24	24 & 192	HD	English
CTV 2 Alberta	139	HD	English
CTV 2 London (CFPL TV)	123	HD	English
CTV 2 Ottawa (CHRO)	137	HD	English
CTV 2 Toronto	20 & 136	HD	English
CTV 2 Victoria (CIVI)	138	HD	English
CTV 2 Windsor (CHWI)	122	HD	English
CTV Calgary (CFCN)	111	HD	English
CTV Edmonton (CFRN)	110	HD	English
CTV Kingston (CKWS)	107	HD	English
CTV Kitchener (CKCO)	109	HD	English
CTV Montreal (CFCFD)	113	HD	English
CTV North Bay (CKNY)	115	SD	English
CTV Ottawa (CJOH)	106	HD	English
CTV Sudbury (CICI)	114	SD	English
CTV Toronto	8 & 108	HD	English
CTV Vancouver (CIVT)	112	HD	English
Family Channel	51 & 225	HD	English
Fox East (Rochester)	28 & 157	HD	English

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Fox West (Tacoma)	159	HD	English
Global BC (CHAN)	119	HD	English
Global Calgary (CICT)	118	HD	English
Global Durham	129	SD	English
Global Edmonton (CITV)	117	HD	English
Global Okanogan (CHBC)	120	HD	English
Global Peterborough	130	HD	English
Global Toronto	3 & 116	HD	English
Ici RDI	612	HD	French
Knowledge Network	211	HD	English
MétéoMédia	636	SD	French
NBC East (Detroit)	17 & 149	HD	English
NBC West (Seattle)	151	HD	English
Noovo	605	SD	French
Omni 1	4 & 169	HD	English
Omni 2	14 & 171	HD	English
PBS East (Buffalo)	61 & 161	SD	English
PBS West (Seattle)	164	SD	English
Sportsnet 360	411	SD	English
Sportsnet East	403	HD	English
Sportsnet ONE	394	HD	English
Sportsnet Ontario	402	HD	English
Sportsnet Pacific	405	HD	English
Sportsnet West	404	HD	English

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Télé-Québec Montreal (CIVM)	603	SD	French
TFO	13 & 608	HD	French
The Weather Network	23 & 91	HD	English
Treehouse	65 & 221	SD	English
TSN	406	HD	English
TSN 2	407	HD	English
TSN 3	408	HD	English
TSN 4	409	HD	English
TSN 5	410	HD	English
TV5 East	103 & 650	SD	French
TV5 West	651	SD	French
TVA Gatineau	609	SD	French
TVO	2 & 141	HD	English
YesTV	9 & 238	HD	English